

### National Town Hall



Office for Victim of Crime Co-Operative Agreement No. 2017-MU-GX-K114 and 2020-V7-GX-K002 Opinions are those of the authors and not necessarily those of OVC or the U.S. Department of Justice.

### **NATIONAL TOWN HALL**

Sponsored by the National Mass Violence Victimization Resource Center with support from U.S. Department of Justice, Office for Victims of Crime

Preparation of this presentation was partially supported by Office for Victim of Crime Grant No. 2016-RF-GX-0001 and OVC Co-Operative Agreement No. 2017-MU-GX-K114.

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# Learning Objectives

- Describe the services and resources available from the two Office for Victims of Crime-sponsored Centers that address the many elements of mass violence incident readiness, response and resilience; and the difference between the two Center's offerings.
- Identify the myriad online resources available from the NMVVRC for information, professional training/education, and victim/survivor and public awareness.
- Describe how Town Hall participants can request technical assistance from the NMVVRC and OVC TTAC.



# **National Town Hall Presenters**



### **Eugenia Pedley, Senior Program Manager**

USDOJ Office for Victims of Crime

### Mary Vail Ware, Project Director

OVC Training and Technical Assistance Center





### Alyssa Rheingold, Ph.D., Director

NMVVRC Preparedness, Response & Recovery



# **Welcoming Remarks**

### Eugenia Pedley, Senior Program Manager USDOJ Office for Victims of Crime









In 1984 Congress established the Office for Victims of Crime (OVC) under the USDOJ through an amendment to the Victims of Crime Act (VOCA)

OVC's Mission: to enhance the Nation's capacity to assist victims of crime and promote justice and healing for all victims.



### Antiterrorism & Emergency Assistance Program (AEAP) Introduction



Antiterrorism Emergency Reserve:

OVC has access funding from the Emergency Reserve that is available beyond the appropriation cap for the Crime Victims Fund (CVF) that congress establishes annually.

AEAP grants; TTA; ITVERP; Interagency Reimbursable Agreements, etc.

AEAP grants are specifically designed to assist victims of criminal mass violence and domestic terrorism in areas that have been overwhelmed after a mass violence incident

by <u>supplementing</u> existing resources.

AEAP page with video link





JUSTICE FOR VICTIMS . JUSTICE FOR ALL

### **AEAP - Grants**



- Helps supplement overwhelmed communities
- Grant types:
  - Crisis Response (up to 9 months)
  - Consequence Management (up to 18 months)
  - Criminal Justice Support (up to 36 months)
  - Crime Victim Compensation (any time) to reimburse victims for eligible expenses

Grants are retroactive back to the date of the incident

Types are usually wrapped into one grant application







- Compensation for medical/MH costs, lost wages, funerals, etc.
- Group or individual counseling
- Emergency housing, clothing, transportation
- Child/dependent care
- Physical/vocational rehabilitation
- Employer and creditor intervention
- Victim participation in criminal justice proceedings
- Victim outreach, awareness, notification systems, etc.





Goal: single point of entry for victims to access services

- Navigators POCs for victims
- 360-wraparound mental, medical, behavioral health, and legal services
- Connect victims/families with resources
- Behavioral health on-site counseling and therapeutic services
  - Ex., recovery, holiday tips, PTSD/relationships, etc.
- Tele-therapy, website to distribute info, etc.





OVC & OVC TTAC TA – process that takes many months

- OVC reaches out to state VOCA offices
- Deploy expert T&TA consultants: ID resources; assess needs; facilitate meetings; develop response strategies; draft AEAP grants
- Need to determine what costs are supplemental
- Engagement will continue over time as victims' needs evolve and decisions are made about what can and cannot be funded under AEAP
- Be patient it's a process



# **Overview of OVC TTAC Resources**

### Mary Vail Ware OVC TTAC Project Director









# Office for Victims of Crime Training and Technical Assistance Center (OVC TTAC)

Mary Vail Ware, MSW, PMP

**Project Director** 



# OVC TTAC

 OVC TTAC is the gateway to training and technical assistance for victim service providers, allied professionals, and organizations who serve crime victims. Our aim is building the capacity and sustainability of organizations that serve victims and survivors.



OVC TTAC To improve your capacity to serve crime victims in your community, here are some ways OVC TTAC might work with you:

Provide skilled trainers with specific subject matter expertise for your upcoming training event

Conduct an organizational needs assessment and design a targeted response through training, technical assistance, or peer support.

Develop a basic evaluation strategy for determining your program's effectiveness

Mass violence TTA, AEAP assistance

Strengthen advocacy programming that helps assure equal justice for victims and produces a positive, sustainable impact.





### AEAP Consultant Support

### OVC Mass Violence Toolkit

OVC TTAC Mass Violence Resources

OVC TTAC Mass Violence Web Page

Mass Violence Toolkit Web Training Series

Training and Technical Assistance





AEAP Consultant Support Request from OVC

#### Team of Consultants

#### Role of Consultants

- Needs Assessment
- Draft AEAP Application
- Follow-on Technical Assistance





OVC TTAC AEAP Supported Communities

- Boston, MA
- Las Vegas, NV
- Orlando, FL
- Charlottesville, VA
- Sutherland Springs, TX
- Benton, KY
- Thornton, CO
- Parkland, FL
- Sante Fe, TX
- Thousand Oaks, CA
- Pittsburgh, PA
- Florence, SC
- Virginia Beach, VA
- Hesston, KS
- Burlington, WA
- Poway, CA

- Charlotte, NC
- Highlands Ranch, CO
- Gilroy, CA
- Odessa/Midland, TX
- El Paso, TX
- Dayton, OH
- Glendale, AZ
- Jersey City, NJ
- Nashville, TN
- Boulder, CO
- Rigby, ID
- Indianapolis, IN
- Collierville, TN
- Waukesha, WI
- Oxford, MI





OVC Mass Violence Toolkit **Heping Victims of Mass Violence & Terrorism** PLANNING, RESPONSE, RECOVERY, AND RESOURCES

OVC Mass Violence Toolkit

- Build capacity for effective victim responses
- Lessons learned, obstacles faced, replicate good practices, short- to long-term responses
- Victim responses from planning through longterm issues





# Who can use the Toolkit to develop a victim assistance plan?

- Emergency Planning Managers
- State and City Government Officials
- Law Enforcement Officials
- Victims of Crime Act (VOCA) Administrators Compensation and Assistance
- Prosecutors' Offices
- Victim Service Providers
- Etc.



### OVC TTAC Mass Violence Web Page

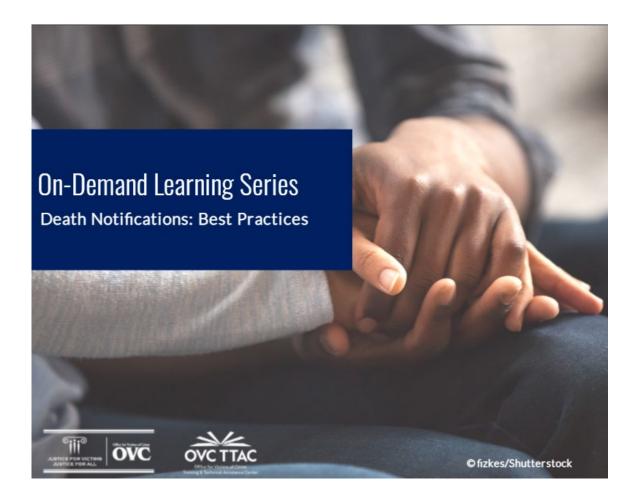
	Contact Us   Sign Up   MyTTAC   Q Search	
	RESOURCES HOW WE CAN HELP NEWS ABOUT US LEARNING COMMUNITIES	
Office for Victims of Grime Training & Technical Assistance Center	Home » Resources » Special Focus Areas » Mass Violence and Terrorism	
Resources	MASS VIOLENCE AND TERRORISM	
Web-Based Training	Welcome to the Mass Violence and Terrorism Resource page. This web page provides a range of resources to	
Tools	assist with developing a comprehensive plan to respond to the immediate and short- and long-term needs of victims of mass violence incidents.	
Special Focus Areas	Request no-cost, customized training and technical assistance.	
Human Trafficking	Learn about the OVC Helping Victims of Mass Violence & Terrorism: Planning, Response, Recovery, and Resources Toolkit.     View a webinar training series that highlights elements of the OVC Mass Violence Toolkit.     Access a variety of resources to assist in planning for and responding to victims of mass violence	
Legal Assistance for Crime Victims		
Mass Violence and Terrorism	incidents.	
Training and Technical Assistance	At-A-Glance	
OVC's Helping Victims of Mass Violence & Terrorism Toolkit	This icon will indicate information or resources that relate to the Partnerships and Planning phase of a mass violence response.	
Webinars	This icon will indicate information or resources that relate to the Response phase of a mass violence response.	
Resources	This icon will indicate information or resources that relate to the Recovery phase of a mass violence response.	
Sexual Assault Nurse Examiner- Sexual Assault Response Teams		
Tribal Victim Assistance		





### Technical Assistance

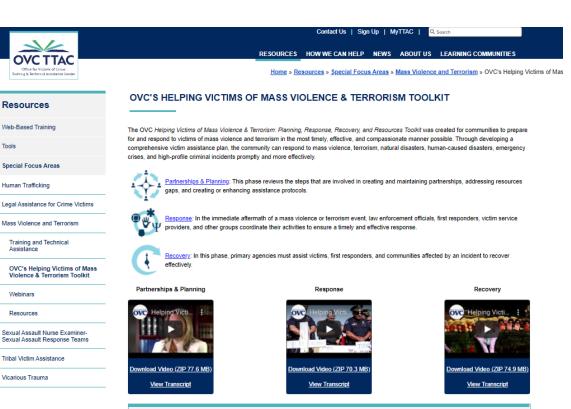
Micro-Learning Video







OVC TTAC Mass Violence Web Page



#### Helping Victims of Mass Violence & Terrorism Toolkit

The U.S. Department of Justice Office for Victims of Crime (OVC)—in coordination with the Office of Justice for Victims of Overseas Terrorism and the Federal Bureau of Investigation Office for Victim Assistance—developed the <u>Mass Violence and Terrorism Toolkit</u> to help establish victim assistance protocols, bring key partners together to review existing emergency plans, and to initiate or continue community development plans already in place.





Mass Violence Toolkit Web Training Series

#### Webinars

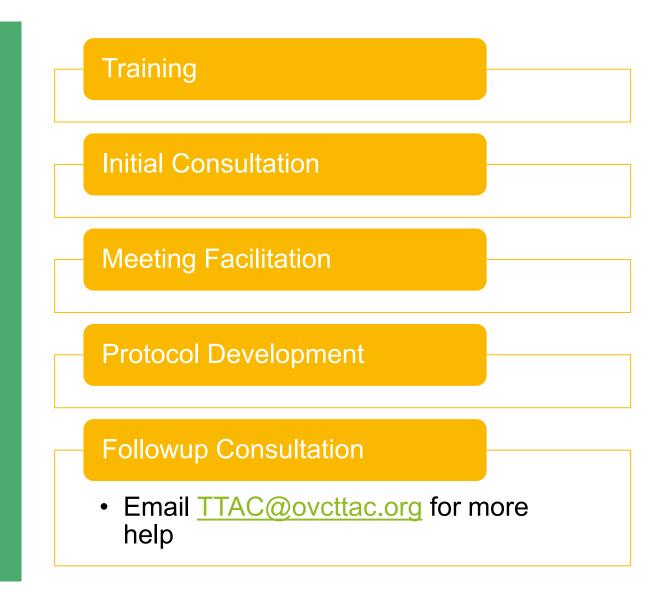
- Overview
- Donation Management
- Communications
- First 24-48 Hours
- 48 Hours and Beyond
- Death Notification
- Volunteer Management
- Community Resiliency Center

www.ovcttac.gov Resources > Webinars





Request Free Technical Assistance







# Overview of National Mass Violence Victimization Resource Center (NMVVRC) Resources

### Alyssa Rheingold, Ph.D., Director NMVVRC Preparedness, Response & Recovery





### **NMVVRC** Mission

To improve community preparedness and the nation's capacity to serve victims and communities recovering from mass violence through research, planning, training, technology, and collaboration.

The NMVVRC was created on October 1, 2017 at the Medical University of South Carolina, with support from the U.S. Department of Justice Office for Victims of Crime.



# Efforts to Assist Victims, Survivors & Communities Must Be:

- Survivor-driven
- Trauma-informed
- Community- and culturally-relevant
- Evidence-based and evidence-informed
- Tailored to the unique needs of the impacted community



# The NMVVRC Efforts Are Guided by:

- A **Stakeholders' Forum** of mass violence survivors, responders, and victim services and mental health professionals that meets quarterly
- Information sharing and collective, strategic thinking of two monthly Forums:
  - Resiliency Center Directors' Forum
  - Resiliency Center Administrators' Forum
- In January 2022, our newly-launched, bi-monthly Survivor-driven NGO Forum



### **Our Principal Partners**



#### **American Hospital Association**

Advancing Health in America



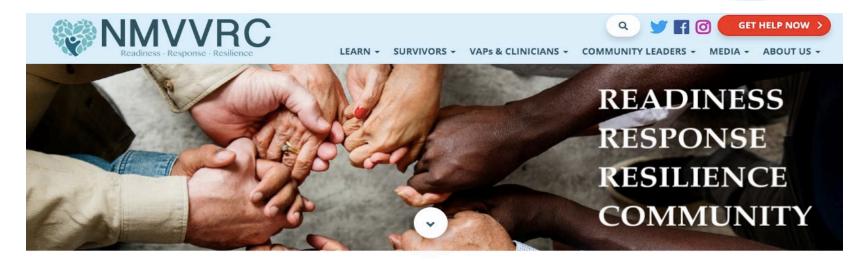
#### **National Governors Association**



#### **U.S. Conference of Mayors**



### NMVVRC.ORG



We serve as the source for best evidence to achieve a social understanding of mass violence upon which civic leaders, mental health professionals, journalists, policy makers, and victim assistance professionals can rely. Our vision is to provide communities access to evidence-based information and resources needed to effectively prepare for and respond to mass violence incidents.

#### www.nmvvrc.org



### NMVVRC







Website

Facebook

Twitter

Instagram



Mass Violence Podcast

Newsletter







# **Over 50 Tip Sheets Developed for:**

- MVI victims, survivors and witnesses
- Victim service professionals
- Mental and behavioral health professionals
- First responders
- Criminal justice professionals
- Community and civic leaders
- News media professionals

https://www.nmvvrc.org/media/nmvvrc-tip-sheets/

National Mass Violence Victimization Resource Center



#### Trauma Cues Related to Mass Violence Incident

A Trauma cue is a reminder of a previous potentially traumatic experience, such as a mass volonce incident (MVI). Trauma cues can cause you to feel strong reactions like fear or anxiety, which can seem to come out of the blue and sometimes can be frightening. As a victim or survivor of a MVI, you may be surprised by the sudden intense feelings and emotional reactions that trauma cues can bring about related to your initial trauma or MVI.

Trauma cues can be obvious or hidden, and often are all around you. These trauma cues can be internal (anything that happens within your body), or external (anything that happens outside your body):

Examples of Internal Cues	Examples of External Cues	
<ul> <li>Feelings such as anger, anxiety, frustration, sadness</li> </ul>	<ul> <li>Sights, sounds, or smells that remind you of your own MVI experience</li> </ul>	
<ul> <li>Feeling abandoned, lonely, or vulnerable</li> </ul>	Anniversary or memorial of the MVI     Holidays or other special days	
Feeling out of control     Memories of the MVI	<ul> <li>Viewing a movie, TV show, news report, or social media content that remind you of your</li> </ul>	
Physical pain     Muscle tension	own MVI experience A new MVI	
<ul> <li>Racing heartbeat, sweaty palms, shortness of breath</li> </ul>	<ul> <li>Victim/survivor services that are reminders of the MVI</li> </ul>	
<ul> <li>Intrusive thoughts – these are negative thoughts that force their way into your thinking even when you are not</li> </ul>	An investigation update     Court proceedings	
purposefully focused them		

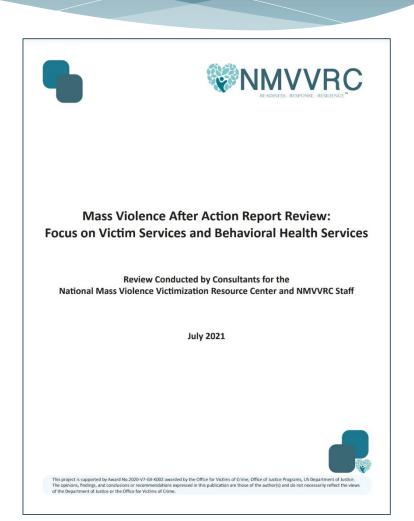
#### What causes me to experience fear related to trauma cues?

When you experience increased stress, you are more likely to experience more intense reponses to trauma cues. Once someone has experienced a MVI – as a victim, surviving family member of somebody who was killed, whuses, first responder or victim service professional – other MVIs that occur anywhere and at any time can become a negative cue. This is especially true if there are similarities in the MVIs. The feelings of extreme fear that were experienced during the initial MVI can come flooding back, even if you are in a site place and space.



## **Useful NMVVRC Publications**

- MVI After-Action Report Review
- Victim-centric MVI After-Action Report: Recommendations & Template
- The Role of Police Executives in Assisting Victims of Mass Violence: Lessons From the Field (2020) Police Executive Research Forum





### **MVI Core Compendium**

- Compendium with 26 training/learning modules
- It offers comprehensive training materials for victim service providers, mental/behavioral health professionals, community leaders and others based on:
  - Readiness
  - Response
  - Resilience
  - Recovery

https://www.nmvvrc.org/learn/mvi-core-compendium/





### **Transcend NMVC**

The NMVVRC has developed the *free* Transcend NMVC app to assist with recovery from the psychological and behavioral response that can occur following direct or indirect exposure to mass violence incidents.



Although the app was developed specifically for mass violence victims, people exposed to other types of stressful events are also likely to find the strategies and techniques in the app to be useful in their recovery, as well.

### DOWNLOAD FOR FREE:







### M.V.P. MASS VIDLENCE PODCAST Our Monthly Mass Violence Podcast (MVP)

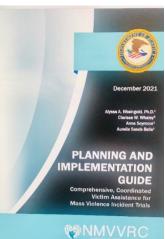
THE NMVVRC PRESENTS

- October podcast, "Exploring the connection between domestic violence and mass violence" with Lisa Geller from the Coalition to Stop Gun Violence and the Educational Fund to Stop Gun Violence
- *November podcast,* "Hate crimes and mass violence" with Georgia state Senator Dr. Michelle Au
- December podcast, "What does it take to be a reliable victim advocate?" with Clarissa Whaley, Victim Wellness Coordinator and Victim Services Manager for the United States Attorney's Office for the District of South Carolina
- January podcast, "Balancing victims' rights & defendants' rights during mass violence court cases" with Meg Garvin, Director of the National Crime Victim Law Institute



### Planning and Implementation Guide for Comprehensive, Coordinated Victim Assistance for Mass Violence Incident Trials Co-branded with USDOJ, U.S. Attorney of South Carolina







# Online Template for Anti-terrorism Emergency Assistance Program

- Designed to:
  - Help communities plan for and submit their applications for AEAP support from the Office for Victims of Crime
  - Promote a comprehensive understanding of victim, survivor & community needs following a MVI
  - Simplify the overall AEAP application process





## **Virtual Resiliency Center**

The mission of the Virtual Resiliency Center is to provide *online, centralized resources* to help professionals and communities create and strengthen individual and collective resiliency in the aftermath of a mass violence incident or terrorist attack (MVI).

- Four areas of focus:
  - 1. Managing Trauma & Grief
  - 2. Victim & Survivor Resources
  - 3. Personal Health & Wellness
  - 4. Connection and Support





### When a Mass Violence Incident Occurs

### **OUR RESPONSE**

- Connections to OVC
- Respond to inquiries for support and technical assistance from local and/or state stakeholders, upon request
- Provide a curated Resource Page via traditional and social media to the impacted community



## After a Mass Violence Incident

#### • List of resources

- Resources posted on social media
- #CityName #CityNameStrong

#### **NMVVRC**

November 22, 2021

Following the tragic deaths of five people, the physical injuries to at least 48 people and regardless of the perpetrator's intent in Waukesha, Wisconsin on November 21, we at the National Mass Violence Victimization Resource Center believe the resources below may provide some guidance for the community in the coming days and months.

#### Resources for Victims, Survivors, Families and Community Members

- The NMVVRC self-help app, Transcend NMVC, is available on both <u>Apple</u> and <u>Android</u> mobile phones
   Twelve Self-Help Tips for Coping in the Aftermath of Mass Violence Incidents | Read <u>here</u>
- Managing Distress: Grounding Tips For Crime Victims, Survivors And Family Members Of Mass Violence
- Incidents (MVIs) | Read <u>here</u>
  Tips For Survivors: Coping With Grief After A Disaster Or Traumatic Event via the Substance Abuse and
- Tips For Survivors: Coping With Grief After A Disaster Or Traumatic Event via the Substance Abuse Mental Health Services Administration | Read <u>here</u>
- Mass Violence resources from The National Child Traumatic Stress Network | Read here
- Mindfulness and Meditation to Support Resilience after Mass Violence | Read here
- Suggestions For Parents Mass Violence Incidents | Read here

#### **Resources for Community and Civic Leaders**

- Timeline of Activities to Promote Mental Health Recovery: Recommendations Before, During and Following A Mass Violence Incident | Read <u>here</u>
- Tips for Community Leaders: Managing Donations | Read here
- Tips for Community Leaders: Managing Volunteers | Read here

#### Crime Victim Compensation

- Wisconsin Crime Victims Compensation Program | Read here
   Victims only toll-free calls: (800) 446-6564; Local: (608) 264-9497; Fax: (608) 264-6368
- . . . . .

#### United for Waukesha Community Fund

Waukesha County Community Foundation and United Way of Greater Milwaukee & Waukesha County
have created a fund to support the needs of impacted families | More info here

#### About the NMVVRC:

The National Mass Violence Victimization Resource Center is located at the Medical University of South Carolina, Department of Psychiatry & Behavioral Sciences, and receives funding from the U.S. Department of Justice's Office for Victims of Crime. Learn more about us on <u>www.nwwr.org</u>

This project is supported by Award No.2020-V7-6044002 awarded by the Office for Victims of Crime, Office of Justice Programs, US Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication are those of the authority and do not necessarily reflect the views of the Department of Justice or the Office for Victims of Crime.

#### **NMVVRC**

#### Frequently Asked Questions About the Transcend NMVC Mobile App

What is the Transcend NMVC Mobile App? This free app was developed by the National Mass Volence Victimizators Resport Center to help those who have been affected by mass Volence. Deviged to help reduce the risk of developing problems and enhance recovery if you already have problems, Transcend NMVC: Provides information about common reactions to mass Volence, crime, and other highly stressful events. © Guides you through state-of-the-art self-help strategies to reduce the risk of stress-related behavioral health problems and promote recovery if you already have problems.

· Connects you with access to victim/survivor services, financial, legal, and mental health resources.

#### Is the Transcend NMVC app just for survivors of mass violence? The app was designed for those

directly affected by mass volence and their families and friends, but it may also be useful for: • Victim service providers, law enforcement officials, other first responders and health care professionals who respond to mass violence incidents, mass casualty incidents, or other violent crimes • Others in communities that have sequerienced mass violence

Others in communities that have experienced mass v
 Violent crime victims and their family or friends

· Anyone who had an extremely stressful experience with which they are having trouble coping

What topics are covered? Transcend offers written explanations, active exercises, and animated videos that highlight strategies to help reduce stress and mental health difficulties for mass violence survivors. Topics include:

- About An overview of common reactions to mass violence and paths to recovery.
- Calm Your Body Highlights the impact of mass violence on your body and provides ways to promote relaxation size and physical well-being.

steep and pnysical weinelding.
• Ease Your Mind - Explains how mass violence can affect the way you think and strategies to ease your stressed mind.
• Get Up and Move - Explains the importance of remaining active and involved with others, while also helping to

Cope with Loss - Provides coping strategies and activities to help those who are grieving a loss.

Reach Out - Highlights the role of social support in recovery and walks through personal strategies you can use to increase your social support network as you recover.

• Help Others - Provides information and strategies about how to help survivors of mass violence.

Get Help Now - Provides information about accessing victim, financial, and legal assistance. This section can also help
you get immediate help or connect you with a therapist in your area.

How can I find the app? From a smart phone or tablet, download the Transcend app from the <u>Google Play</u> Store or <u>Apple App Store</u>. As mentioned, it is free.

How do I get started? Once you create your account, you can get started in one of two ways: The "Tersonalise Recovery Plan" options: If you select the "Personalise Recovery" plan option, you will be asked to complete a brief assessment. You can complete this assessment immediately, come back to II ater, or skip A altogether. When you complete the assessment, the app generates a recovery plan that address your specific needs. Then, just follow the plan that is recommended for you. The "Tabloro the your own" obtains: You can allow dones to naviate the as on your own. If you cat out of the

assessment, you will go to the main dashboard to explore what's most interesting to you.

This project is supported by Award No.2020-V7-02H002 awarded by the Office for Victims of Crime, Office of Justice Programs, US Department of Justice. The opinions, findings, and indiators or recommendations expressed in this publication are those of the author() and do not reconsarily reflect the views of the Department of Justice or the Office for Victims of Crime.



# Our Focus on Behavioral & Mental Health



## Examples of MH/BH Consultations We Have Provided

- Sutherland Springs Baptist Church Shooting, Texas
- \* Parkland, FL Attorneys General Offices/ Stoneman Douglas HS, FL
- Santa Fe HS, Texas
- Tree of Life Synagogue, Pittsburgh, PA,
- Harvest 91 Concert Las Vegas, NV
- Marshall County HS, KY
- Florence County, SC
- Pulse Nightclub Resiliency Center, Orlando, FL
- Boulder, CO
- Atlanta, GA
- Multiple Governors' Offices/Attorney Generals' Offices

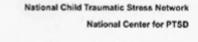


# Evidence-Based Mental Health Interventions

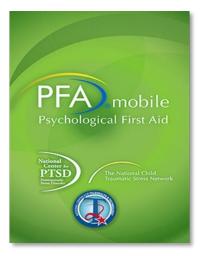


#### PSYCHOLOGICAL FIRST AID PFA.

Field Operations Guide 2nd Edition





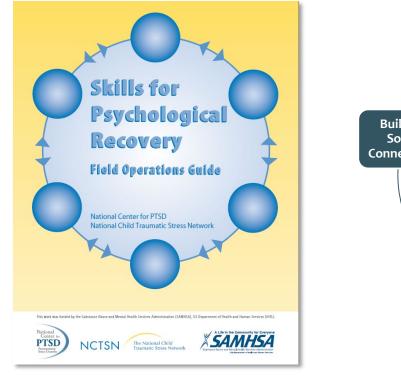


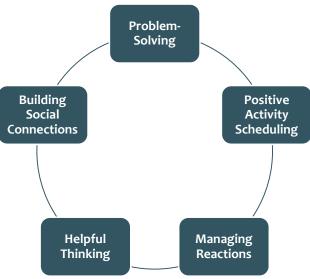
CORE ACTIONS	REMEMBER:	PSYCHOLOGICAL FIRST AID
Contact &	Work within a team.	Are you ready to respond?
Engagement	😤 Protect survivors from harm.	GET PREPARED
	😤 🛛 Be calm and compassionate.	GET OCUSED
	😤 Listen and be flexible.	GET INTER CTIVE
	Respect culture and diversity.	OET INTERA CITYE
acorese	<ul> <li>Give clear and reliable information.</li> <li>Know local available resources.</li> </ul>	
	<ul> <li>Help survivors help themselves.</li> </ul>	A GA
	<ul> <li>Know your limits.</li> </ul>	
	👷 Take care of yourself.	GET
Safety	NCTSN The National Child Traumatic Stress Network	PFAD. N J
A A A A A A A A A A A A A A A A A A A	PFA Mobile <sup>™</sup> can be downloaded on mobile Apple and Android devices	
Comfort	This project was also funded by SAMHSA,	www.NCTSN.org
	US Dept. of Heath and Human Services	
	Illustrations by Dr. Bob Seaver	learn.nctsn.org
	Illustrations by Dr. Bob Seaver	learn.nctsn.org
	lifustrations by Dr. Bob Seaver	learn.nctsn.org
CORE ACTIONS	Illustrations by Dr. Bob Seaver	
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#### www.nctsn.org



## **Evidence-informed Early Interventions Skills for Psychological Recovery**



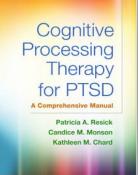


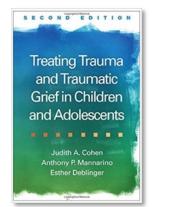


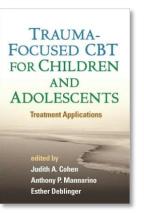
## **Evidence-Based Trauma Treatments**

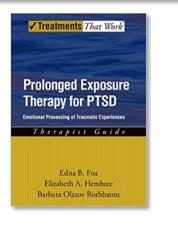
#### Adults

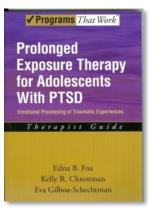
- Prolonged Exposure Therapy (PE)
- Cognitive Processing Therapy (CPT)
- Complicated Grief Therapy (CGT)
- GRIEF Approach
- Children and adolescents
- Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT)













## **Community & Survivor Surveys**



## **Community Surveys**

- Flint Michigan Water Crisis victims of large-scale criminal negligence incident https://www.nmvvrc.org/learn/large-scale-criminal-incidents/flint-surveys/
- Mass Violence Communities of El Paso, Parkland, and Pittsburgh 2078 community participants
- \* Las Vegas Survivor Surveys conducted in 2021, in partnership with the Vegas Strong Resiliency Center **177 survivor participants.**





# To Request a Consultation or Technical Assistance:





Office for Victims of Crime Training & Technical Assistance Center

TTAC@ovcttac.org



info@nmvvrc.org

# **Questions from the Field**

Thank you for submitting questions to our presenters!





### **Next National Town Hall**



Date to be announced soon.....

Agenda will focus on **MASS VIOLENCE READINESS** 







#### www.ovc.gov



#### www.ovcttac.gov



#### www.nmvvrc.org





